

CHS CHECKUP



A publication by and for employees of the Kentucky Cabinet for Health Services

March 30, 2002

NEWS BRIEFS

FLU SHOT NOTICE

Any CHS employee working in the Human Resources Complex or Mental Health-Mental Retardation offices at Fair Oaks can sign up now for flu shots this fall.

Call or email Evelyn Mills in the secretary's office, 564-7042 (x3412). The shots are free.

MARCH OF DIMES FUNDRAISER

The Longaberger Easter Basket raffle raised \$205 for the March of Dimes. The basket was donated by the Division of Managed Care, Department for Medicaid Services.

Carolyn Wells of the Department for Medicaid Services was the winner.

SPRING CLEANING

It's that time again. Look around your work area and see what can go. See what can be archived or shipped out.



TIP OF THE WEEK

Sinusitis (inflammation of the sinus cavities in your head) is caused by a drainage problem, and often occurs in people who have had a cold or a bout of allergies. Home remedies can be effective supplements to your medical treatment. Drink lots of fluids; try steam inhalers and hot showers, and spicy foods that open your nasal passages.

Winfield Receives United Way Honor

By: Helen Damron, WSH Community Services Secretary

Tony Winfield, Community Services Coordinator for Western State Hospital, was honored by the United Way of Christian, Trigg and Todd counties as the 2002 recipient of the *J. William Flowers Memorial Award*.

The annual award recognizes selfless service to the United Way, its agencies and campaign. Past recipient Sandy Grogan lauded Winfield as having a long history with the agency having served in numerous capacities and called him a "priceless campaign resource" willing to handle whatever job came along.

When accepting the award, Winfield recognized the participation and support of Western State Hospital staff during the annual fundraising campaign. The staff — state and contract employees — at the Hopkinsville facility have contributed \$120,863 to the KECC/United Way effort the past four years.

Winfield has served on the Community Investment Committee, Marketing Committee, as Government Division Section Chair, and as Government Division Chair. He has also helped with the video taping and editing of the local United Way campaign video the past several years.

WSH Director Steve Wiggins was elected to serve on the local agency's board of directors for 2002, as chairman-elect. The 2001 United Way campaign raised \$859,100 for charities in Christian, Trigg and Todd counties.



Tony Winfield

Governor Patton Recognizes State Government Purchasers

Governor Paul E. Patton proclaimed March as Purchasing Month throughout the Commonwealth during a public signing held at the Capitol. Members of the Kentucky Public Procurement Association (KPPA), a chapter affiliate of the National Institute for Governmental Purchasing, were on hand to witness the proclamation. KPPA consists of procurement officials from state and local government and other public entities.

March has been traditionally set aside to reflect on the accomplishments of the past and visions for the future. During March the National Institute for Governmental Purchasing encouraged public buyers and managers to take a proactive position to further awareness of public procurement and materials management to government officials, the general public, business and corporate leaders and the media. For example,

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"...promoting and safeguarding the health and wellness of all Kentuckians."

Western State Hospital Starts Education and Fitness Programs for Patients and Staff

By: Tony Winfield, WSH Community Services Coordinator

Western State Hospital is helping patients and staff to maintain and enjoy a healthier lifestyle with its Patient Fitness Education Program and an Employee Wellness Program.

The Fitness Education Program for patients began March 1. The intent of the program is to increase the patient's knowledge of physical fitness and their awareness of physical fitness opportunities through a fitness education program. The program is designed to assist patients to independently maintain or improve optimal body weight, body composition, muscular strength, physical endurance, flexibility, body image, self esteem, and reduce stress, fatigue, anxiety and the risk for major chronic diseases.

The Therapeutic Recreation (TR) Department administers the program, which is offered to all patients throughout their hospitalization. The Fitness Center and Gym located on the grounds may also be used to educate patients on the various types of exercise equipment, its usage and benefits.

"Each TR staff member has received a Fitness Education manual and information. It is important that we provide continuity of treatment from unit to unit so all patients receive the same information and their specific instruction is continued even if they are transferred to another unit," said Joe Stone, TR Director.

For more information about these programs, call Stone at (270) 886-4431 ext. 348.

(A story about the employee component will appear in the April 15 Checkup.)

Purchasing Group Recognition

(Continued from Page 1)

officials in Hopkinsville and Christian County held a ceremony recognizing Purchasing Month.

KPPA is an organization focused on professional and educational concepts to promote and encourage professional development, promote cooperation and promote understanding among public agencies and support the principles of effective competition,

increased public confidence and equitable treatment of all persons involved in public procurement.

CHS members of KPPA include Joan Graham, President, Martha Colley, Secretary, Marilynn Glass, Mary Todd Hart, Judy Peek, Karen Keaney, and Pat Lockhart.

KPPA's annual forum will be in Louisville, Nov. 6-8. KPPA's website is <http://www.kppanigo.org>.

HIPAA HOOPS



DID
YOU
KNOW...

The Administrative Simplification provisions of the Health Insurance Portability & Accountability Act (HIPAA) requires the adoption of industry standards in four major areas; transactions, standard identifiers, privacy, and security. Each rule goes through a distinct process of creation and publication in the Federal Register. The original date for compliance with the **Transactions and Code Sets Rule** was Oct. 16, 2002. However, President Bush provided for a one-year extension when he signed the **Administrative Simplification Compliance Act (ASCA)** into law on Dec. 27, 2001. In order to be eligible for the one-year extension, covered entities must complete and submit a request for extension and plan for compliance to HHS by Oct. 15, 2002. The Centers for Medicaid and Medicare Services (CMS) have published the ASCA Extension Form at <http://www.cms.gov/hipaa/hipaa2/default.asp>. In order to learn more about the administrative simplification provisions of HIPAA and view the regulation text, visit <http://aspe.hhs.gov/admsimp/>.

Source: Public Law 107-105: 107th Congress

Management Tip



Postpone ordering office supplies under the Cardinal Office agreement until you have accumulated an order that totals \$100 or more to save on the \$6 delivery fee.



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